

High Adventure Snow Camping

Equipment list and considerations:

Sleeping:

1. Sleeping bag rated for coldness of nights
 - a. Can add S. Bag liners to add extra 5-10 degrees of warmth.
 - b. Can wrap blanket around bag to add extra 5-10 degrees of warmth.
2. Reflective padding – rec'm to purchase from homedepot an aluminum pipe insulation wrap (bubble wrap with foil covering it - approx. cost = \$10-\$20).
3. Foam pad and/or air pad (with high "R" value – "resist" cold transfer).
4. Bivey sack – will add extra 10-15 degrees of warmth.
5. A water bottle that can hold hot liquid and doesn't leak. This bottle will be used for inside the sleeping bag to help keep warm. It can be same water bottle as drinking bottle as long as it is leak proof and hold boiling hot water. (test at home before trip)

Tent: (provided by troop)

1. Four season tent.
2. Three season tent if weather condition will be mild/fair.
3. Dead man stakes – can make own with $\frac{3}{4}$ x 1 $\frac{1}{2}$ x 5 inches piece of wood with two $\frac{3}{8}$ inch holes to tie rope through.
4. Ground cloth for under tent.

Personal equipment: (*outer clothing should be sprayed with water repellent twice)

1. Backpack.
2. Mess kit, cup, utensils (non-metal is best).
3. Sleep clothing (sock, clean t-shirt and sleeping pants)
4. *Extra day clothing (socks, pants, shirt)
5. *Emergency clothing (socks, change of clothes if needed)
6. *Jacket, sweatshirt, windbreakers, hat, gloves, sunglasses...
7. *Snow pants (if can hike in them or want to wear after getting to camp).
8. *Boots, water proof or treated to be "water proof". (use spray or paste)
9. Gaiters to protect boots from getting snow into them (can make own with plastic bag and elastics)
10. Snow Shoes, poles, ice cleats, x-country ski's, sled...
11. Flashlight, extra batteries.
12. First aide kit.
13. Water bottle
14. "Pee" bottle.
15. Trail food/snacks
16. Personal hygiene (soap, t brush and paste, towel, sun screen, chap stick towel, comb/brush, mirror....)